

October 2025 MaineStreamer's Schedule

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 No Senior Aerobics	2 No Zumba Gold 12:30-2:30 Bingo 	3 2:00-3:00 Travelogue: India Presenter: Wendy Altschuler 	4
5 10:30-11:30 Senior Aerobics 6:00 - 7:30 Yoga	6	7 12:00-1:00 Chair Yoga	8 Day Trip: Graveyard Stories 8:30-5:45  11:15-12:15 Senior Aerobics 6:30-7:30 Informative: Do I Need a Lawyer?	9 8:30 Mailing 10:15-11:15 Zumba Gold	10	11 Day Trip: Galena Country Fair 7:30-7:00 
12 	13	14 8:00 Online Registration Begins October-November Newsletter No Chair Yoga	15 11:15-12:15 Senior Aerobics Special Event: 4:30 p.m. to 8:00 p.m. Polish Night (<i>Lone Tree Manor</i>)  6:30-7:30 Informative: Do I Need a Lawyer?	16 10:15-11:15 Zumba Gold Day Trip: China Lights & Hobnob 1:15-8:30 	17 2:00-3:15 Informative: Pre-Civil War Quilts: Secret Codes To Freedom on the Underground Railroad Presenter: Connie Martin 	19
19 10:30-11:30 Senior Aerobics 2:00-3:00 Floral Class  6:00-7:30 Yoga	20	21 12:00-1:00 Chair Yoga Day Trip: Game Show Battle Rooms 9:15-3:15 	22 11:15-12:15 Senior Aerobics 6:30-7:30 Informative: Do I Need a Lawyer?	23 10:15-11:15 Zumba Gold 1:00-3:00 Day at the Races 	24	25
26 10:30 - 11:30 Senior Aerobics (Makeup) 5:00-6:30 Twilight Dining  6:00-7:30 Yoga Makeup	27	28 12:00-1:00 Chair Yoga 2:30-4:40 Monthly Movie "Mad About the Boy" 	29 11:15-12:15 Senior Aerobics (Makeup) 6:30-7:30 Informative: Do I Need a Lawyer?	30 10:15-11:15 Zumba Gold (Makeup)	31	